

# INTRODUCTION TO PSYCHOLOGY Courseware

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- High-quality content including open educational resources, videos, interactive simulation activities and assessments
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- Affordably priced to students at \$39.95 per course



*This course introduces the art and science of psychology by examining biopsychology, perception, learning, memory, language, thought, motivation, personality, emotion, stress, development, social psychology, psychological disorders and therapies, and scientific research methods. It explores how to apply the “science of human behavior” to a variety of settings: vocational, personal, academic, and clinical. Finally, it covers the history of psychology and major theories of personality and learning.*

## MODULE 1

### Psychological Research and Biopsychology

Psychology studies mental functions and behaviors. Psychological research helps us scientifically investigate questions about psychological issues. Biological mechanisms underlie our behavior.

- 1.1 Introduction to Psychology
- 1.2 Psychological Research
- 1.3 Biopsychology

## MODULE 2

### Sensation and Perception, State of Consciousness, and Memory

This module provides an overview of how sensory information is received and processed by the nervous system and how that affects our conscious experience of the world.

- 2.1 Sensation and Perception
- 2.2 State of Consciousness
- 2.3 Memory

## MODULE 3

### Lifespan Development, Learning and Intelligence

This module explores physical, cognitive, and psychosocial development throughout the lifespan. Then, it looks at the process of learning, intelligence, and creativity.

- 3.1 Lifespan Development
- 3.2 Learning
- 3.3 Thinking and Intelligence

## MODULE 4

### Psychological Disorders, Therapy and Treatment

This module investigates psychological disorders and various therapeutic techniques used to treat psychological problems.

- 4.1 Psychological Disorders
- 4.2 Therapy and Treatment

## MODULE 5

### Social Psychology, Industrial-Organizational Psychology, and Personality

This module explores social influences on the behaviors and beliefs of individuals, groups, and organizations, as well as how personality is shaped and evolves over time.

- 5.1 Social Psychology
- 5.2 Industrial-Organizational Psychology
- 5.3 Personality

## MODULE 6

### Emotion, Motivation, and Stress

This module explores issues related to motivation and emotion, and it examines stress as the phenomenon contributing to health and lifestyle.

- 6.1 Emotion and Motivation
- 6.2 Stress, Lifestyle, and Health